



NUTRITIONAL INFORMATION

SPECIALS

<p>Mini Egg Pronut <i>Gluten-Friendly</i></p> <p>*Contains dairy and tree nuts</p>	<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th colspan="2" style="text-align: left;">Nutrition Facts</th> </tr> </thead> <tbody> <tr> <td colspan="2">1 servings per container</td> </tr> <tr> <td style="text-align: left;">Serving size</td> <td style="text-align: right;">1 Donut (79g)</td> </tr> <tr> <td colspan="2" style="border-top: 1px solid black;">Amount Per Serving</td> </tr> <tr> <td style="text-align: left;">Calories</td> <td style="text-align: right;">280</td> </tr> <tr> <td colspan="2" style="text-align: right; font-size: small;">% Daily Value*</td> </tr> <tr> <td>Total Fat 12g</td> <td style="text-align: right;">15%</td> </tr> <tr> <td>Saturated Fat 0g</td> <td style="text-align: right;">0%</td> </tr> <tr> <td>Trans Fat 0g</td> <td></td> </tr> <tr> <td>Sodium 0mg</td> <td style="text-align: right;">0%</td> </tr> <tr> <td>Total Carbohydrate 19g</td> <td style="text-align: right;">7%</td> </tr> <tr> <td>Dietary Fiber 0g</td> <td style="text-align: right;">0%</td> </tr> <tr> <td>Total Sugars 11g</td> <td></td> </tr> <tr> <td>Includes 0g Added Sugars</td> <td style="text-align: right;">0%</td> </tr> <tr> <td>Protein 13g</td> <td style="text-align: right;">26%</td> </tr> <tr> <td colspan="2" style="font-size: x-small;">Not a significant source of cholesterol, vitamin D, calcium, iron, and potassium</td> </tr> <tr> <td colspan="2" style="font-size: x-small;">*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</td> </tr> </tbody> </table>	Nutrition Facts		1 servings per container		Serving size	1 Donut (79g)	Amount Per Serving		Calories	280	% Daily Value*		Total Fat 12g	15%	Saturated Fat 0g	0%	Trans Fat 0g		Sodium 0mg	0%	Total Carbohydrate 19g	7%	Dietary Fiber 0g	0%	Total Sugars 11g		Includes 0g Added Sugars	0%	Protein 13g	26%	Not a significant source of cholesterol, vitamin D, calcium, iron, and potassium		*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.		<p>Peanut Butter Chocolate Muffin <i>Gluten-Friendly</i></p> <p>*Contains dairy and tree nuts</p>	<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th colspan="2" style="text-align: left;">Nutrition Facts</th> </tr> </thead> <tbody> <tr> <td colspan="2">1 servings per container</td> </tr> <tr> <td style="text-align: left;">Serving size</td> <td style="text-align: right;">1 Muffin (90g)</td> </tr> <tr> <td colspan="2" style="border-top: 1px solid black;">Amount Per Serving</td> </tr> <tr> <td style="text-align: left;">Calories</td> <td style="text-align: right;">280</td> </tr> <tr> <td colspan="2" style="text-align: right; font-size: small;">% Daily Value*</td> </tr> <tr> <td>Total Fat 15g</td> <td style="text-align: right;">19%</td> </tr> <tr> <td>Saturated Fat 0g</td> <td style="text-align: right;">0%</td> </tr> <tr> <td>Trans Fat 0g</td> <td></td> </tr> <tr> <td>Sodium 0mg</td> <td style="text-align: right;">0%</td> </tr> <tr> <td>Total Carbohydrate 19g</td> <td style="text-align: right;">7%</td> </tr> <tr> <td>Dietary Fiber 0g</td> <td style="text-align: right;">0%</td> </tr> <tr> <td>Total Sugars 10g</td> <td></td> </tr> <tr> <td>Includes 0g Added Sugars</td> <td style="text-align: right;">0%</td> </tr> <tr> <td>Protein 19g</td> <td style="text-align: right;">38%</td> </tr> <tr> <td colspan="2" style="font-size: x-small;">Not a significant source of cholesterol, vitamin D, calcium, iron, and potassium</td> </tr> <tr> <td colspan="2" style="font-size: x-small;">*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</td> </tr> </tbody> </table>	Nutrition Facts		1 servings per container		Serving size	1 Muffin (90g)	Amount Per Serving		Calories	280	% Daily Value*		Total Fat 15g	19%	Saturated Fat 0g	0%	Trans Fat 0g		Sodium 0mg	0%	Total Carbohydrate 19g	7%	Dietary Fiber 0g	0%	Total Sugars 10g		Includes 0g Added Sugars	0%	Protein 19g	38%	Not a significant source of cholesterol, vitamin D, calcium, iron, and potassium		*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
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NUTRITIONAL INFORMATION

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NUTRITIONAL INFORMATION

<p>London Fog <i>Gluten-Friendly</i></p> <p>*Contains dairy and tree nuts</p>	<p>Nutrition Facts</p> <p>1 servings per container</p> <p>Serving size 1 Donut (75g)</p> <hr/> <p>Amount Per Serving</p> <p>Calories 240</p> <p style="text-align: right;">% Daily Value*</p> <p>Total Fat 11g 14%</p> <p>Saturated Fat 0g 0%</p> <p>Trans Fat 0g</p> <p>Sodium 0mg 0%</p> <p>Total Carbohydrate 15g 5%</p> <p>Dietary Fiber 0g 0%</p> <p>Total Sugars 7g</p> <p>Includes 0g Added Sugars 0%</p> <p>Protein 13g 26%</p> <p><small>Not a significant source of cholesterol, vitamin D, calcium, iron, and potassium</small></p> <p><small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small></p>		
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VEGAN PRONUTS			
<p>Blueberry Basil <i>Gluten-Friendly</i></p> <p>*Contains peanuts and tree nuts</p>	<p>Nutrition Facts</p> <p>1 servings per container</p> <p>Serving size 1 Donut (74g)</p> <hr/> <p>Amount Per Serving</p> <p>Calories 170</p> <p style="text-align: right;">% Daily Value*</p> <p>Total Fat 2.5g 3%</p> <p>Saturated Fat 0g 0%</p> <p>Trans Fat 0g</p> <p>Sodium 0mg 0%</p> <p>Total Carbohydrate 26g 9%</p> <p>Dietary Fiber 0g 0%</p> <p>Total Sugars 7g</p> <p>Includes 0g Added Sugars 0%</p> <p>Protein 10g 20%</p> <p><small>Not a significant source of cholesterol, vitamin D, calcium, iron, and potassium</small></p> <p><small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small></p>	<p>Carrot Cake <i>Gluten-Friendly</i></p> <p>*Contains peanuts and tree nuts</p>	<p>Nutrition Facts</p> <p>1 servings per container</p> <p>Serving size 1 Donut (75g)</p> <hr/> <p>Amount Per Serving</p> <p>Calories 210</p> <p style="text-align: right;">% Daily Value*</p> <p>Total Fat 8g 10%</p> <p>Saturated Fat 0g 0%</p> <p>Trans Fat 0g</p> <p>Sodium 0mg 0%</p> <p>Total Carbohydrate 20g 7%</p> <p>Dietary Fiber 0g 0%</p> <p>Total Sugars 6g</p> <p>Includes 0g Added Sugars 0%</p> <p>Protein 11g 22%</p> <p><small>Not a significant source of cholesterol, vitamin D, calcium, iron, and potassium</small></p> <p><small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small></p>
<p>Chocolate <i>Gluten-Friendly</i></p> <p>*Contains peanuts and tree nuts</p>	<p>Nutrition Facts</p> <p>1 servings per container</p> <p>Serving size 1 Donut (74g)</p> <hr/> <p>Amount Per Serving</p> <p>Calories 250</p> <p style="text-align: right;">% Daily Value*</p> <p>Total Fat 6g 8%</p> <p>Saturated Fat 0g 0%</p> <p>Trans Fat 0g</p> <p>Sodium 0mg 0%</p> <p>Total Carbohydrate 26g 9%</p> <p>Dietary Fiber 0g 0%</p> <p>Total Sugars 12g</p> <p>Includes 0g Added Sugars 0%</p> <p>Protein 10g 20%</p> <p><small>Not a significant source of cholesterol, vitamin D, calcium, iron, and potassium</small></p> <p><small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small></p>	<p>Cinnamon Sugar <i>Gluten-Friendly</i></p> <p>*Contains peanuts and tree nuts</p>	<p>Nutrition Facts</p> <p>1 servings per container</p> <p>Serving size 1 Donut (72g)</p> <hr/> <p>Amount Per Serving</p> <p>Calories 160</p> <p style="text-align: right;">% Daily Value*</p> <p>Total Fat 2.5g 3%</p> <p>Saturated Fat 0g 0%</p> <p>Trans Fat 0g</p> <p>Sodium 0mg 0%</p> <p>Total Carbohydrate 28g 10%</p> <p>Dietary Fiber 0g 0%</p> <p>Total Sugars 13g</p> <p>Includes 0g Added Sugars 0%</p> <p>Protein 10g 20%</p> <p><small>Not a significant source of cholesterol, vitamin D, calcium, iron, and potassium</small></p> <p><small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small></p>



NUTRITIONAL INFORMATION

<p>Cookies & Cream <i>Gluten-Friendly</i></p> <p>*Contains peanuts and tree nuts</p>	<p>Nutrition Facts</p> <p>1 servings per container Serving size 1 Donut (76g)</p> <p>Amount Per Serving Calories 220</p> <p style="text-align: right;"><small>% Daily Value*</small></p> <p>Total Fat 8g 10% Saturated Fat 0g 0% Trans Fat 0g</p> <p>Sodium 0mg 0% Total Carbohydrate 27g 10% Dietary Fiber 0g 0% Total Sugars 8g Includes 0g Added Sugars 0% Protein 10g 20%</p> <p><small>Not a significant source of cholesterol, vitamin D, calcium, iron, and potassium</small></p> <p><small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small></p>	<p>Matcha <i>Gluten-Friendly</i></p> <p>*Contains peanuts and tree nuts</p>	<p>Nutrition Facts</p> <p>1 servings per container Serving size 1 Donut (70g)</p> <p>Amount Per Serving Calories 190</p> <p style="text-align: right;"><small>% Daily Value*</small></p> <p>Total Fat 2.5g 3% Saturated Fat 0g 0% Trans Fat 0g</p> <p>Sodium 0mg 0% Total Carbohydrate 31g 11% Dietary Fiber 0g 0% Total Sugars 14g Includes 0g Added Sugars 0% Protein 10g 20%</p> <p><small>Not a significant source of cholesterol, vitamin D, calcium, iron, and potassium</small></p> <p><small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small></p>
<p>Peanut Butter <i>Gluten-Friendly</i></p> <p>*Contains peanuts and tree nuts</p>	<p>Nutrition Facts</p> <p>1 servings per container Serving size 1 Donut (75g)</p> <p>Amount Per Serving Calories 290</p> <p style="text-align: right;"><small>% Daily Value*</small></p> <p>Total Fat 14g 18% Saturated Fat 0g 0% Trans Fat 0g</p> <p>Sodium 0mg 0% Total Carbohydrate 30g 11% Dietary Fiber 0g 0% Total Sugars 7g Includes 0g Added Sugars 0% Protein 10g 20%</p> <p><small>Not a significant source of cholesterol, vitamin D, calcium, iron, and potassium</small></p> <p><small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small></p>	<p>Peanut Butter Cup <i>Gluten-Friendly</i></p> <p>*Contains peanuts and tree nuts</p>	<p>Nutrition Facts</p> <p>1 servings per container Serving size 1 Donut (75g)</p> <p>Amount Per Serving Calories 290</p> <p style="text-align: right;"><small>% Daily Value*</small></p> <p>Total Fat 14g 18% Saturated Fat 0g 0% Trans Fat 0g</p> <p>Sodium 0mg 0% Total Carbohydrate 30g 11% Dietary Fiber 0g 0% Total Sugars 7g Includes 0g Added Sugars 0% Protein 10g 20%</p> <p><small>Not a significant source of cholesterol, vitamin D, calcium, iron, and potassium</small></p> <p><small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small></p>
<p>The PRONUT <i>Gluten-Friendly</i></p> <p>*Contains peanuts and tree nuts</p>	<p>Nutrition Facts</p> <p>1 servings per container Serving size 1 Donut (83g)</p> <p>Amount Per Serving Calories 230</p> <p style="text-align: right;"><small>% Daily Value*</small></p> <p>Total Fat 13g 17% Saturated Fat 0g 0% Trans Fat 0g</p> <p>Sodium 0mg 0% Total Carbohydrate 18g 7% Dietary Fiber 0g 0% Total Sugars 5g Includes 0g Added Sugars 0% Protein 12g 24%</p> <p><small>Not a significant source of cholesterol, vitamin D, calcium, iron, and potassium</small></p> <p><small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small></p>	<p>Red Velvet <i>Gluten-Friendly</i></p> <p>*Contains peanuts and tree nuts</p>	<p>Nutrition Facts</p> <p>1 servings per container Serving size 1 Donut (74g)</p> <p>Amount Per Serving Calories 200</p> <p style="text-align: right;"><small>% Daily Value*</small></p> <p>Total Fat 6g 8% Saturated Fat 0g 0% Trans Fat 0g</p> <p>Sodium 0mg 0% Total Carbohydrate 19g 7% Dietary Fiber 0g 0% Total Sugars 6g Includes 0g Added Sugars 0% Protein 10g 20%</p> <p><small>Not a significant source of cholesterol, vitamin D, calcium, iron, and potassium</small></p> <p><small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small></p>



NUTRITIONAL INFORMATION

KETO BAGELS	
Keto Everything Bagel <i>Keto-Friendly</i> <i>Gluten-Friendly</i>	Nutrition Facts 1 servings per container Serving size 1 Bagel (85g) <hr/> Amount Per Serving Calories 290 <hr/> <div style="text-align: right;">% Daily Value*</div> Total Fat 22g 28% Saturated Fat 0g 0% Trans Fat 0g Sodium 0mg 0% Total Carbohydrate 4g 1% Dietary Fiber 0g 0% Total Sugars 0g Includes 0g Added Sugars 0% Protein 24g 48%
	<small>Not a significant source of cholesterol, vitamin D, calcium, iron, and potassium</small> <small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>
<p>*Contains tree nuts and dairy</p>	

PROTEIN COOKIES	
The PRONUT Cookie <i>Vegan</i> <i>Gluten-Friendly</i>	Nutrition Facts 1 servings per container Serving size 1 Cookie (80g) <hr/> Amount Per Serving Calories 260 <hr/> <div style="text-align: right;">% Daily Value*</div> Total Fat 14g 18% Saturated Fat 0g 0% Trans Fat 0g Sodium 0mg 0% Total Carbohydrate 19g 7% Dietary Fiber 0g 0% Total Sugars 12g Includes 0g Added Sugars 0% Protein 11g 22%
	<small>Not a significant source of cholesterol, vitamin D, calcium, iron, and potassium</small> <small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>
<p>*Contains peanuts and tree nuts</p>	

PROTEIN MUFFINS			
Apple Cinnamon Crumble <i>Gluten-Friendly</i>	Nutrition Facts 1 servings per container Serving size 1 Muffin (80g) <hr/> Amount Per Serving Calories 260 <hr/> <div style="text-align: right;">% Daily Value*</div> Total Fat 16g 21% Saturated Fat 0g 0% Trans Fat 0g Sodium 0mg 0% Total Carbohydrate 18g 7% Dietary Fiber 0g 0% Total Sugars 8g Includes 0g Added Sugars 0% Protein 16g 32%	Blueberry <i>Gluten-Friendly</i>	Nutrition Facts 1 servings per container Serving size 1 Muffin (80g) <hr/> Amount Per Serving Calories 260 <hr/> <div style="text-align: right;">% Daily Value*</div> Total Fat 15g 19% Saturated Fat 0g 0% Trans Fat 0g Sodium 0mg 0% Total Carbohydrate 18g 7% Dietary Fiber 0g 0% Total Sugars 7g Includes 0g Added Sugars 0% Protein 16g 32%
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<p>*Contains dairy and tree nuts</p>		<p>*Contains dairy and tree nuts</p>	



NUTRITIONAL INFORMATION

<p>Double Dark Chocolate <i>Gluten-Friendly</i></p> <p>*Contains dairy and tree nuts</p>	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <th colspan="2" style="text-align: left;">Nutrition Facts</th> </tr> <tr> <td colspan="2">1 servings per container</td> </tr> <tr> <td>Serving size</td> <td>1 Muffin (80g)</td> </tr> <tr> <td colspan="2">Amount Per Serving</td> </tr> <tr> <td>Calories</td> <td style="text-align: right;">270</td> </tr> <tr> <td colspan="2" style="text-align: right;"><small>% Daily Value*</small></td> </tr> <tr> <td>Total Fat 18g</td> <td style="text-align: right;">23%</td> </tr> <tr> <td>Saturated Fat 0g</td> <td style="text-align: right;">0%</td> </tr> <tr> <td><i>Trans Fat</i> 0g</td> <td></td> </tr> <tr> <td>Sodium 0mg</td> <td style="text-align: right;">0%</td> </tr> <tr> <td>Total Carbohydrate 20g</td> <td style="text-align: right;">7%</td> </tr> <tr> <td>Dietary Fiber 0g</td> <td style="text-align: right;">0%</td> </tr> <tr> <td>Total Sugars 10g</td> <td></td> </tr> <tr> <td>Includes 0g Added Sugars</td> <td style="text-align: right;">0%</td> </tr> <tr> <td>Protein 18g</td> <td style="text-align: right;">36%</td> </tr> <tr> <td colspan="2"><small>Not a significant source of cholesterol, vitamin D, calcium, iron, and potassium</small></td> </tr> <tr> <td colspan="2"><small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small></td> </tr> </table>	Nutrition Facts		1 servings per container		Serving size	1 Muffin (80g)	Amount Per Serving		Calories	270	<small>% Daily Value*</small>		Total Fat 18g	23%	Saturated Fat 0g	0%	<i>Trans Fat</i> 0g		Sodium 0mg	0%	Total Carbohydrate 20g	7%	Dietary Fiber 0g	0%	Total Sugars 10g		Includes 0g Added Sugars	0%	Protein 18g	36%	<small>Not a significant source of cholesterol, vitamin D, calcium, iron, and potassium</small>		<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>		
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<p>Dark Chocolate Brownie <i>Gluten-Friendly</i></p> <p>*Contains tree nuts and dairy</p>	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <th colspan="2" style="text-align: left;">Nutrition Facts</th> </tr> <tr> <td colspan="2">1 servings per container</td> </tr> <tr> <td>Serving size</td> <td>1 Brownie (85g)</td> </tr> <tr> <td colspan="2">Amount Per Serving</td> </tr> <tr> <td>Calories</td> <td style="text-align: right;">290</td> </tr> <tr> <td colspan="2" style="text-align: right;"><small>% Daily Value*</small></td> </tr> <tr> <td>Total Fat 18g</td> <td style="text-align: right;">23%</td> </tr> <tr> <td>Saturated Fat 0g</td> <td style="text-align: right;">0%</td> </tr> <tr> <td><i>Trans Fat</i> 0g</td> <td></td> </tr> <tr> <td>Sodium 0mg</td> <td style="text-align: right;">0%</td> </tr> <tr> <td>Total Carbohydrate 22g</td> <td style="text-align: right;">8%</td> </tr> <tr> <td>Dietary Fiber 0g</td> <td style="text-align: right;">0%</td> </tr> <tr> <td>Total Sugars 14g</td> <td></td> </tr> <tr> <td>Includes 0g Added Sugars</td> <td style="text-align: right;">0%</td> </tr> <tr> <td>Protein 13g</td> <td style="text-align: right;">26%</td> </tr> <tr> <td colspan="2"><small>Not a significant source of cholesterol, vitamin D, calcium, iron, and potassium</small></td> </tr> <tr> <td colspan="2"><small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small></td> </tr> </table>	Nutrition Facts		1 servings per container		Serving size	1 Brownie (85g)	Amount Per Serving		Calories	290	<small>% Daily Value*</small>		Total Fat 18g	23%	Saturated Fat 0g	0%	<i>Trans Fat</i> 0g		Sodium 0mg	0%	Total Carbohydrate 22g	8%	Dietary Fiber 0g	0%	Total Sugars 14g		Includes 0g Added Sugars	0%	Protein 13g	26%	<small>Not a significant source of cholesterol, vitamin D, calcium, iron, and potassium</small>		<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>		<p>Walnut Brownie <i>Gluten-Friendly</i></p> <p>*Contains tree nuts and dairy</p>	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <th colspan="2" style="text-align: left;">Nutrition Facts</th> </tr> <tr> <td colspan="2">1 servings per container</td> </tr> <tr> <td>Serving size</td> <td>1 Brownie (85g)</td> </tr> <tr> <td colspan="2">Amount Per Serving</td> </tr> <tr> <td>Calories</td> <td style="text-align: right;">290</td> </tr> <tr> <td colspan="2" style="text-align: right;"><small>% Daily Value*</small></td> </tr> <tr> <td>Total Fat 19g</td> <td style="text-align: right;">24%</td> </tr> <tr> <td>Saturated Fat 0g</td> <td style="text-align: right;">0%</td> </tr> <tr> <td><i>Trans Fat</i> 0g</td> <td></td> </tr> <tr> <td>Sodium 0mg</td> <td style="text-align: right;">0%</td> </tr> <tr> <td>Total Carbohydrate 22g</td> <td style="text-align: right;">8%</td> </tr> <tr> <td>Dietary Fiber 0g</td> <td style="text-align: right;">0%</td> </tr> <tr> <td>Total Sugars 12g</td> <td></td> </tr> <tr> <td>Includes 0g Added Sugars</td> <td style="text-align: right;">0%</td> </tr> <tr> <td>Protein 14g</td> <td style="text-align: right;">28%</td> </tr> <tr> <td colspan="2"><small>Not a significant source of cholesterol, vitamin D, calcium, iron, and potassium</small></td> </tr> <tr> <td colspan="2"><small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small></td> </tr> </table>	Nutrition Facts		1 servings per container		Serving size	1 Brownie (85g)	Amount Per Serving		Calories	290	<small>% Daily Value*</small>		Total Fat 19g	24%	Saturated Fat 0g	0%	<i>Trans Fat</i> 0g		Sodium 0mg	0%	Total Carbohydrate 22g	8%	Dietary Fiber 0g	0%	Total Sugars 12g		Includes 0g Added Sugars	0%	Protein 14g	28%	<small>Not a significant source of cholesterol, vitamin D, calcium, iron, and potassium</small>		<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	
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<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>																																																																							
Nutrition Facts																																																																							
1 servings per container																																																																							
Serving size	1 Brownie (85g)																																																																						
Amount Per Serving																																																																							
Calories	290																																																																						
<small>% Daily Value*</small>																																																																							
Total Fat 19g	24%																																																																						
Saturated Fat 0g	0%																																																																						
<i>Trans Fat</i> 0g																																																																							
Sodium 0mg	0%																																																																						
Total Carbohydrate 22g	8%																																																																						
Dietary Fiber 0g	0%																																																																						
Total Sugars 12g																																																																							
Includes 0g Added Sugars	0%																																																																						
Protein 14g	28%																																																																						
<small>Not a significant source of cholesterol, vitamin D, calcium, iron, and potassium</small>																																																																							
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NUTRITIONAL INFORMATION

PROTEIN SMOOTHIES

Cookies & Cream
Gluten-Friendly

Nutrition Facts

1 servings per container	
Serving size	1 Smoothie
Amount Per Serving	
Calories	400
% Daily Value*	
Total Fat 11g	14%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Polyunsaturated Fat 0.4g	
Monounsaturated Fat 1.2g	
Cholesterol 50mg	17%
Sodium 330mg	14%
Total Carbohydrate 46g	17%
Dietary Fiber 2g	7%
Total Sugars 33g	
Includes 0g Added Sugars	0%
Protein 33g	66%
Vitamin D 0mcg	0%
Calcium 719mg	60%
Iron 1.746mg	10%
Potassium 0mg	0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

*Contains dairy

Mango
Gluten-Friendly

Nutrition Facts

1 servings per container	
Serving size	1 Smoothie
Amount Per Serving	
Calories	240
% Daily Value*	
Total Fat 4.5g	6%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Polyunsaturated Fat 0.4g	
Monounsaturated Fat 1.1g	
Cholesterol 45mg	15%
Sodium 310mg	13%
Total Carbohydrate 22g	8%
Dietary Fiber 1g	4%
Total Sugars 17g	
Includes 0g Added Sugars	0%
Protein 29g	58%
Vitamin D 0mcg	0%
Calcium 677mg	50%
Iron 0.648mg	4%
Potassium 0mg	0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

*Contains dairy

The PRONUT
Gluten-Friendly

Nutrition Facts

1 servings per container	
Serving size	1 Smoothie
Amount Per Serving	
Calories	430
% Daily Value*	
Total Fat 19g	24%
Saturated Fat 3.7g	19%
Trans Fat 0g	
Polyunsaturated Fat 1.3g	
Monounsaturated Fat 3.4g	
Cholesterol 45mg	15%
Sodium 300mg	13%
Total Carbohydrate 41g	15%
Dietary Fiber 5g	18%
Total Sugars 24g	
Includes 0g Added Sugars	0%
Protein 33g	66%
Vitamin D 0mcg	0%
Calcium 662mg	50%
Iron 0.99mg	6%
Potassium 0mg	0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

*Contains tree nuts and dairy

Berry Explosion
Gluten-Friendly

Nutrition Facts

1 servings per container	
Serving size	1 Smoothie
Amount Per Serving	
Calories	270
% Daily Value*	
Total Fat 4.5g	6%
Saturated Fat 1.6g	8%
Trans Fat 0g	
Polyunsaturated Fat 0.5g	
Monounsaturated Fat 1.2g	
Cholesterol 45mg	15%
Sodium 190mg	8%
Total Carbohydrate 31g	11%
Dietary Fiber 3g	11%
Total Sugars 25g	
Includes 0g Added Sugars	0%
Protein 30g	60%
Vitamin D 0mcg	0%
Calcium 697mg	50%
Iron 1.062mg	6%
Potassium 0mg	0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

*Contains dairy

Shamrock
Gluten-Friendly

Nutrition Facts

1 servings per container	
Serving size	1 Smoothie
Amount Per Serving	
Calories	290
% Daily Value*	
Total Fat 7g	9%
Saturated Fat 2.2g	11%
Trans Fat 0g	
Polyunsaturated Fat 0.8g	
Monounsaturated Fat 1.5g	
Cholesterol 0mg	0%
Sodium 380mg	17%
Total Carbohydrate 39g	14%
Dietary Fiber 5g	18%
Total Sugars 26g	
Includes 0g Added Sugars	0%
Protein 22g	44%
Vitamin D 0mcg	0%
Calcium 798mg	60%
Iron 1.098mg	6%
Potassium 0mg	0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

*Contains dairy

Mini Egg
Gluten-Friendly

Nutrition Facts

1 servings per container	
Serving size	1 Smoothie
Amount Per Serving	
Calories	400
% Daily Value*	
Total Fat 11g	14%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Polyunsaturated Fat 0.4g	
Monounsaturated Fat 1.2g	
Cholesterol 50mg	17%
Sodium 330mg	14%
Total Carbohydrate 46g	17%
Dietary Fiber 2g	7%
Total Sugars 33g	
Includes 0g Added Sugars	0%
Protein 33g	66%
Vitamin D 0mcg	0%
Calcium 719mg	60%
Iron 1.746mg	10%
Potassium 0mg	0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

*Contains dairy